



**Mission:** To provide teen specific pregnancy, childbirth, and parenting educational support so the teen and her family can experience a positive outcome.

**Services:** Healthy Pregnancy, Childbirth Education, and Parenting Classes; Case Management; One-on-One Mentoring; Hospital & Home Visitation; Support Groups; Options Counseling; Referrals as needed; Free Pregnancy Testing; TOPS dollars (earned by attending classes/events, community services, and good grades and used to purchase maternity clothes and baby items through Jensen's Corner)

**Outreach:** 164 contacts to agencies throughout Yavapai County (schools, physician offices, health clinics, WIC, AHCCCS health plans, hospitals, juvenile probation officers, community organizations, faith based organizations, presentations to large groups and hosted vendor tables at conferences).

**Referrals:** Received 26 referrals since January of this year.

**Referral Source:** Public and Charter Schools (16), Family Practice & OB/GYN (3) Young Lives (2), and Churches (1).

**Enrolled:** 22 pregnant and parenting teens

**Classes:** Began Child Birth Education classes in January with teens delivering in March; Healthy Pregnancy classes began in February (1-PV TOPS office, 1 -PV Yavapai County High School); Providing One-on-One Childbirth Education/Health Pregnancy classes to teens on bed rest for preterm labor; Make-up CBE classes for 2 teens unable to attend scheduled classes due to doctor's appointment and hospital visit to rule out pre-term labor.

**Support Group:** Bi-weekly Pregnant/Parenting Support Group began at Mingus Union H. S. in January.

**Referrals Made:** AHCCCS, Head Start, and Yavapai County Health Services

**Collaboration:** Site for NAU BSN nursing students to receive their community health clinical experience; forming relationships with organizations offering services to teens to expand the support through cross referrals; FTF diaper drive site

**Staff Development:** Options Counseling, Facilitating Support Groups, Adolescent Brain Development Healthy Pregnancy and Childbirth Education Curriculum Training, Proactive Parenting Curriculum Training.