



# A Year in the Life of Summit Healthcare Healthy Steps



Thank you Navajo/Apache  
Regional Partnership Council Members!



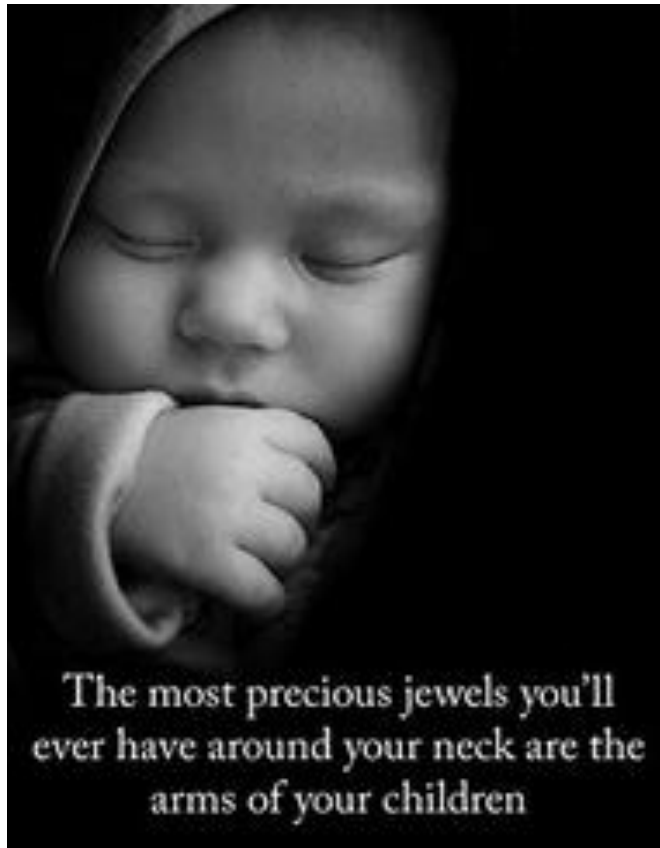
[azff.gov](http://azff.gov)

# From the Start

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- The Promise
  - 800 Families Served
  - All Areas of the Region Reached
  - Newborn Behavioral Observation for Newborns
  - Build Partnerships throughout the Region
  - Zap out the silo approach to services

# Ready, Set, Action!



- The Delivery
  - From July 1, 2013 – Current our team has served....
    - **Any guesses?**
  - Physician Practices Served
    - Summit Pediatrics
      - Dr. Bennet, Dr. Puchowicz
    - Snowflake Family Medicine
    - Dr. Mulder
    - Dr. Peace
    - Summit Medical Van Project
  - Partnerships
    - McDonald's
    - North Country HealthCare
    - Navajo County Libraries
    - Lakeside Fire Dept.
    - Concho Schools
    - Heber-Overgaard Library

# More Action!

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- Tummy Time Trainings
  - Home Visiting Programs
  - Practitioners
- Developmental Trainings
- Parent Resources
  - A place to rest, talk, and play



# Identifying Gaps

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Your communities gaps;

- ❑ Places to Play
- ❑ Lactation Counselors
- ❑ Advocates
- ❑ Practitioners Diagnosing
- ❑ Services for Dads
- ❑ Vision and Hearing Screens
- ❑ Training in Early Childhood Development and Behavior
- ❑ Interactive Events for Families with Young Children



# Working Toward Sustainability

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- Identifying billing codes
  - Developmental screening
  - Family risk screening
  - Lactation consultation
  
- Training
- Research Grants
- Grants



# More Than We Could Ever Have Imagined

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- *Ab Initio*

- The Brazelton Institute's International Publication

- Research Development

- NBO

- Presentation at the 2013 FTF Summit

- Media Work





# What Parents In This Region Say About Healthy Steps

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- ❑ I didn't know that I needed Healthy Steps and now I don't know what I would do without it.
- ❑ Hello, Sarah? I had my well child exam with my child and you were attending a training. Can I schedule a visit with you?
- ❑ The biggest benefit I received from Healthy Steps was the permission to allow my baby to be a baby, and for me to not be perfect at everything I do and to have that be okay!



# Thoughts and Beliefs

## Infant Behavior

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- Look at this picture and form your thoughts about what you see.

What is the baby doing?  
Now give it meaning.



- What a Healthy Steps Specialist Sees and Says.

# What is This Baby *Saying*?



# Parenting Challenges

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- My baby cries *all of the time!*
- My baby won't nurse.
  - NCAST
- I think that my toddler has autism.
- I am potty training my 9 month-old.
- I am going to teach my toddler  
EVERYTHING!
- My husband just left for Iraq.